

PROCLAMATION **FAMILY DAY – A DAY TO EAT DINNER WITH YOUR CHILDREN**SEPTEMBER 22, 2003

WHEREAS, mealtime has routinely served as an opportunity for families to gather and stay connected; and

WHEREAS, mealtime continues to provide a basic structure to strengthen and encourage lasting relationships; and

WHEREAS, surveys have found that children and teenagers who routinely eat dinner with their families are far less likely to use illegal drugs, cigarettes and alcohol; and

WHEREAS, parental influence is known to be one of the most crucial factors in shaping the thoughts, values and character of our youth; and

NOW, THEREFORE, as the Governor of the State of North Dakota, I do hereby proclaim September 22, 2003, **FAMILY DAY – A DAY TO EAT DINNER WITH YOUR CHILDREN** in the state of North Dakota.

/s/ John Hoeven Governor

Attest:

/s/ Alvin A. Jaeger Secretary of State